

# Good Health Takes Gut

Cylinder is a no-cost health benefit for all employees and dependents (age 18+) enrolled in an NFP-sponsored UnitedHealthcare medical plan that helps with symptoms like heartburn, gas, bloating, indigestion, and irregularity.



Get a free at-home microbiome test.



Work with a Registered Dietitian and Health Coach to get to the root cause of your digestive symptoms.



Experience better overall physical and emotional well-being!



Ready to see how Cylinder can help?  
Scan the QR code or visit:

[Go.CylinderHealth.com/NFP](https://Go.CylinderHealth.com/NFP)

Registration Code: NFP

Questions? Contact us at 1-833-336-9488 or [support@cylinderhealth.com](mailto:support@cylinderhealth.com)