



### Unlock Your Full Potential with RethinkCare

Different ways of thinking, learning, perceiving the world, and interacting with others are essential to a thriving organization. When the written and unwritten rules of the organization are founded in neurotypical thought patterns, individuals with neurodivergent conditions like ADHD, autism, dyslexia and others can be misunderstood or undervalued. RethinkCare provides expert-led training developed in conjunction with neurodivergent individuals, to help build an inclusive workplace, embrace neurodiverse thinking patterns and provide a supportive environment that allows all employees to succeed.



### Resources to Support Career Success

- **Evidence-based digital training courses** on professional development, emotional intelligence, managing work stress, collaboration with neurodivergent and neurotypical team members and more.
- **Personalized content** to help you build resilience, meaning and purpose in your work and develop a growth mindset.
- **Daily sessions, mini courses, and resources** to help you build practical, life-long skills to elevate your career.



### Workplace Neurodiversity Support

- **On-demand training** to motivate leaders and managers to initiate and support their employees' development.
- **Research-based courses and materials** to educate managers and colleagues around fostering inclusive environments.

**RethinkCare is available at no cost to you.**

**Access the offering from your Virgin Pulse account.**

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**Questions?**

Reach out to [support@rethinkcare.com](mailto:support@rethinkcare.com).