## **Torchlight - Caregiver Support**

We know that life does not stop when work begins. Our caregiving support service, Torchlight, helps you balance the demands of your busy life with your caregiving and parenting responsibilities.

Torchlight helps families navigate a variety of caregiving challenges, from supporting parents dealing with developmental, academic, and social concerns for their children to helping sort through the complexities of adult care.

- Torchlight Caregiving for Children: No matter the age, stage, or concern, learn everything you need to support your child, achieve your parenting goals, and help your child flourish.
- Torchlight Caregiving for Seniors: Get the information and guidance you need to make the best decisions for a loved one who is aging, ill, or disabled.
- Torchlight also offers 1:1 expert help. Submit your question to an expert or meet with an expert requesting an advising session.

## Getting started is easy!

First, create your account at nfp.torchlight.care. Next, build a profile for your child or adult loved one and then explore a wide range of topics personally curated for your profile.

For assistance, email us at <a href="mailto:support@torchlight.care">support@torchlight.care</a>

## Log in or create your account at nfp.torchlight.care

Also available on your mobile App









