

# Getting help for digestive issues shouldn't be this hard.

That's why Cylinder is here to help. Our dedicated team of experts has helped nearly 100,000 people find **real** relief.



## Program benefits include:

- Unlimited access to a dedicated Health Coach and a Registered Dietitian at no cost to you
- A personalized care plan just for you
- Live webinars, courses, recipes, and a 24/7 support hotline
- Everything in one convenient app—no co-pays or waiting rooms
- No-cost gutcheck microbiome test kit and analysis



NFP is offering the Cylinder program as a covered benefit to you and your dependents (age 18+) enrolled in an NFP-sponsored UnitedHealthcare plan at no cost to you.

To learn more, scan the QR Code or visit:

[Go.CylinderHealth.com/NFP-Print](https://Go.CylinderHealth.com/NFP-Print)

Access Code: NFP