



# Genomic Life

## Member Case Studies



# Susan's Genetic Health Screening & Cancer Navigation Journey

## Meet Susan

- Woman in her 30s
- Family history of breast cancer



## Her Result

- Confirmed her elevated cancer risks
- Meet with a genetic counselor (GC)
- Knew the next steps to take



## Diagnosis

- Breast cancer was caught early
- Interventions were successful
- Genomic Life Navigator provided support



## Timely Testing

- Requested a Genetic Health Screen



## Ongoing Monitoring

- She identified a lump
- Knew to seek attention right away



## Outcome

- She is a cancer survivor
- Her Genomic Life navigator checks-in periodically



# Maria's Pharmacogenomics Journey

## Meet Maria

- Her employer offers Genomic Life
- She's been feeling down and was diagnosed with Clinical Depression



## Order Placed

- She doesn't feel better after trying two different anti-depressants
- She orders the Pharmacogenomics test in the member platform



## Receives Results

- **Notified** that results are available
- Schedules an **appointment with a GC**



## Meets a Genetic Counselor (GC)

- Learns she's an ultra-rapid metabolizer for certain medications
- Certain kinds of SSRIs are **unlikely to be helpful** based on her pharmacogenetics



## Clinical Action Plan

- She **shares** her plan with her doctor via the platform



## Change Of Care

- Her **personal doctor** decides to try a different type of medication based on the Pharmacogenomics results



## Outcome

- Maria quickly sees improvement in her mental health

