kindbody + NFP®

Prepare for parenthood with KindBaby

The KindBaby Program is provided by Kindbody and connects parents-to-be with a personalized care team. You have access to your designated care navigator along with registered nurses, certified coaches and support team who are experienced in prenatal and postpartum care along with trimester specific downloadable content and videos.

Our Services

With a goal to minimize high risk pregnancies, Kindbody provides holistic coaching, tools & resources, counseling, and bridges the gap of support to an expecting parent's elected OB clinical team.

- Finding the right OB
- Prenatal nutrition
- Postpartum nutrition
- Maternity guide
- Early pregnancy
- Staying active
- Birth planning
- Emotional health
- Morning sickness
- Pregnancy yoga
- Lactation 101

Kindbody navigator

Connect with dedicated Kindbody navigator via secure messaging or phone to establish next steps

My journey dashboard

Guides member through each milestone with access to schedule virtual sessions with our integrated network.

Pregnancy Calculator

Through the pregnancy calculator, patients will be able to access and answer a pregnancy risk assessment form.

Eligibility

All NFP employees and their spouse/partner and dependent children (dependent children are medical necessity only) enrolled in UnitedHealthcare medical plans through NFP

You may enroll in the program any time after 4/1/24

Get Started

1. Head to kindbody.com/activate

2. Create your Kindbody account using any email address

3. Confirm eligibility by entering your access code and your unique ID. Your access code is **KINDNFP** Your Unique ID is your NFP employee ID. Your employee ID can be located in the UltiPro People First Portal. Your spouse/domestic partner's Unique ID is your employee ID + an '01' at the end. If you cannot locate your Employee ID, please contact the NFP Employee Benefits Service Center at 877-637-0637. Your dependent child/children must call the Kindbody Care Navigation team for assistance in registering at 844-483-0168 x option 3.