



Get real help for real-life challenges

Your benefits include free, 24/7 access to experts who help with everyday challenges—big or small. Need help finding child or senior care, Medicare guidance, or help with service providers? Care Specialists can point you to the right resources and providers.

Whatever you're facing, we can send you the information you need.

- ✓ Parenting support
- ✓ Aging & adult care
- ✓ Wellness
- ✓ Disability & neurodiversity
- ✓ House care
- ✓ Legal & financial resources



Have questions?

Go to care.com/faq
Select *Care Specialists*



Enroll or log in to find support
care.com/yourbenefits